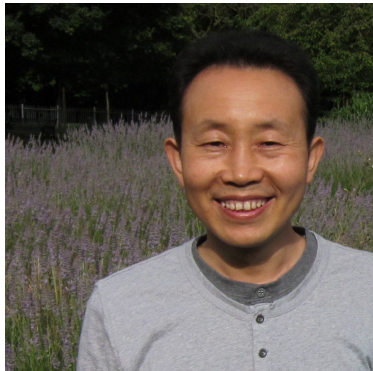


Teacher Lu Zheng Dao



Teacher Lu Zheng Dao was introduced to Zhineng Qigong in 1991, and graduated from the 1993-1995 two-year Teacher Training Class, one of only two student intakes that were personally taught by Teacher Pang Ming.

On graduation he taught Qigong theory on the teacher-training course at the Huaxia Centre before being given responsibility for managing long distance teacher training across the whole of China.

By the end of 2000 Teacher Lu had trained 20,000 people and edited the book "Interpretation of Zhineng Qigong Terms" as well as initiating an internal Journal within the Huaxia centre. Teacher Lu then spent a year in Malaysia which culminated in an invitation to be the main speaker in the first Malaysia and Singapore Zhineng Qigong Assembly with over 1,600 trainees.

In the past 20 years teacher Lu has organized and directed Qigong training and Clinical courses for over 30,000 people around the world.

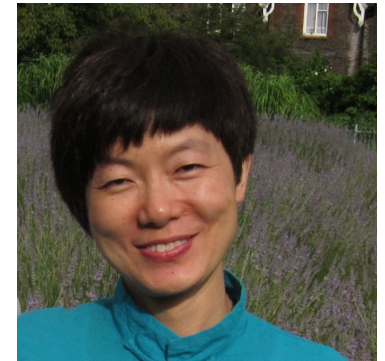
Teacher Lu's approach to training combines the practice and theory of Zhineng Qigong with his deep knowledge of related subjects such as the transformation theories of Traditional Chinese Medicine, Qi channels, psychological and nutritional immunology, psychology, human anatomy, pathology and physiology.

Drawing on his extensive experience of the use of Qigong in the treatment of chronic diseases and his expertise in the longevity practices that underpin Qigong, Teacher Lu's work focuses on the art of self-healing, establishing and maintaining harmonious relationships, stimulating life potential, and opening ourselves to invisible but essential external Qi.

Teacher Wang Ling Ling

Teacher Wang began learning Zhineng Qigong aged 15, with her mother and soon qualified as an instructor, assisting in her mother's Qigong classes whilst continuing her High School education.

In 1995, after graduating from University, Teacher Wang enrolled on the two-year training program to become a Zhineng Qigong Professional at the Huaxia Zhineng Qigong Clinic & Training Centre.



Teacher Wang remained at the Huaxia Centre, teaching and treating patients, and working in the Editorial Office of the Communications Centre, which shared information with practitioners all over the world. As a reporter, she had the opportunity to accompany Dr. Pang Ming to many Chinese cities, where he was invited to speak, and she witnessed 'a lot of fantastic moments when healing miracles arose from grandmaster Pang's instant Zhineng Qigong treatment.' She was also invited to treat patients and gained a good reputation.

After more than twenty years experience, Teacher Wang's understanding and practice of Zhineng Qigong is not only as a safe and effective method for health promotion and healing, but also as an advanced scientific discipline. Practicing Zhineng Qigong facilitates and maintains harmonious relationships between people and their environment, and leads to the resolution of many problems associated with modern life, and this is the core of her work.

Teacher Wang's knowledge of Zhineng Qigong, modern nutritional theories and Traditional Chinese Medicine, has enabled her to develop a set of health-promoting and self-cultivating methods that have shown significant effects for healing disease and promoting health and she is devoted to spreading the benefits of Zhineng Qigong worldwide.